

With any medical test it is important that other factors do not interfere with your test result. Please read and follow these instructions carefully.

You must use the yellow screw top container provided by your doctor or SA Pathology.

Collecting the specimen

A midstream specimen of urine is required in order to minimise the degree of bacterial contamination, so that bacteria from the possible urinary tract infection can be detected.

Female patients

1. Make sure vulval area is clean.
2. Wash hands thoroughly.
3. Sit astride toilet with legs wide apart.
4. Hold labia apart and commence passing urine.
5. After a few seconds and without stopping the flow, introduce the sterile container into the stream for a further 4-6 seconds, or until the container is half filled.
6. Avoid contamination of inside of container with finger or by contact with vulva.
7. After the urine is collected, replace the lid on the container ensuring correct threading and a secure closure.
8. Give the container to Patient Centre staff. **OR**

If you are collecting your specimen at home write these details on the container:

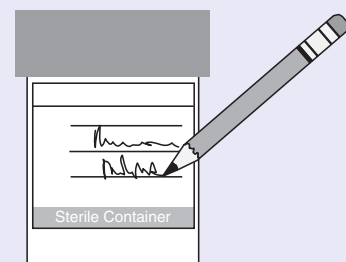
- family name and first name
- date of birth
- date and time of collection.

Male patients

1. Wash hands thoroughly.
2. If uncircumcised, retract foreskin and cleanse area. Commence passing urine into the toilet.
3. After a few seconds and without stopping the flow, introduce the sterile container into the stream for a further 4-6 seconds. or until the container is half filled.
4. Replace the lid on the container ensuring correct threading and secure closure.
5. Give the container to Patient Centre staff. **OR**

If you are collecting your specimen at home write these details on the container:

- family name and first name
- date of birth
- date and time of collection.



Delivering the specimen

Deliver the specimen promptly to your nearest SA Pathology Patient Centre.

Please refrigerate the specimen if there is likely to be any delay.

Your results

Your doctor will advise you when results are available.

Patient Centres

For Patient Centre locations and latest opening hours visit our website www.sapathology.sa.gov.au or phone (08) 8222 3000.