

With any medical test it is important that external factors do not interfere with your test result. Please read and follow these instructions carefully.



**For fertility studies it is essential** that your specimen be collected under controlled conditions, and **delivered within one hour of collection** to an SA Pathology **laboratory** (not a Patient Centre).

**Before the test**

- Obtain a sterile container from your doctor or an SA Pathology Patient Centre.
- Fertility Testing – abstinence from ejaculation is required for 2-7 days.
- For other semen analysis tests, abstinence is not required.

**Collecting the specimen**

1. The specimen is obtained by masturbation into the sterile container provided.
  - *do not* use other containers, lubricants or a condom, they may contain chemicals which can affect the test result
2. Collect the complete ejaculate
  - if the sample is incomplete write a note on the container or Request Form e.g. partial sample only.
3. Write the following details on the collection container
  - your given name and surname
  - date of birth
  - the time and date of sample collection.

**Delivering the specimen**



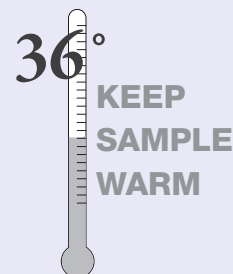
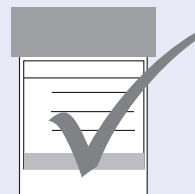
*Keep the specimen at body temperature.*  
e.g. keep it close to your body, put it in your inside jacket or shirt pocket.

**Fertility Studies**

Deliver to your nearest SA Pathology laboratory (*not a Patient Centre*), **within one hour of collection** for urgent processing. (See overleaf for SA Pathology laboratory locations and delivery times).

**Post-vasectomy**

Deliver to your nearest SA Pathology laboratory or Patient Centre.



**PATIENT TO COMPLETE - this section MUST accompany the specimen.**

Patient Surname \_\_\_\_\_ Given Name \_\_\_\_\_

Date of Birth \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Post Vasectomy     Fertility Testing

Date of collection \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Time of collection \_\_\_\_\_ am/pm

Sample collected     Full     Partial

Home collection     Laboratory collection

Lubricant used?     Yes     No

Number of days of ejaculatory abstinence \_\_\_\_\_

Were you able to keep the sample warm (e.g. in your jacket/shirt pocket)?     Yes     No

### **Fertility Studies**

**Semen analysis for fertility studies is a specialised test, and samples can only be dropped off at the following laboratories during the hours listed below:**

#### **Metropolitan laboratories**

**Delivery times: Monday to Friday 9.00am – 4.00pm**

##### **Locations**

- SA Pathology Main Laboratory, Frome Road, Adelaide.
- Flinders Medical Centre, Level 6, Main Building, Flinders Drive, Bedford Park.
- Lyell McEwin Hospital, Haydown Road, Elizabeth Vale.

#### **Regional laboratories**

**Delivery times: Monday to Friday 8.30am – 5.00pm Saturday 9.00am – 11.00am**

##### **Locations**

- Berri, Maddern Street.
- Gawler, Hutchinson Road.
- Mt Gambier, Wehl Street North.
- Murray Bridge, Swanport Road (*Monday to Friday only*).
- Noarlunga, Alexander Kelly Drive.
- Pt Augusta, Hospital Road.
- Pt Lincoln, Oxford Terrace.
- Pt Pirie, Alexander Street.
- Victor Harbor, Harbourview Terrace (*Monday to Friday only*).
- Wallaroo, Ernest Terrace.
- Whyalla, Wood Terrace.

*All SA Pathology laboratories and Patient Centres are closed Sundays and Public Holidays.*

### **Post-vasectomy Studies**

**Semen analysis for post-vasectomy studies can be dropped off at any SA Pathology laboratory or Patient Centre.**

For a full list of Patient Centres please visit our website [www.sapathology.sa.gov.au](http://www.sapathology.sa.gov.au)

If you have any questions please call Enquiries on 8222 3000.