

## Urine specimens for cytology

[www.sapathology.sa.gov.au](http://www.sapathology.sa.gov.au)

With any medical test it is important that other factors do not interfere with your test results. Please read and follow these instructions carefully.

### Containers

You must use the yellow screw top container provided by your doctor or SA Pathology. Containers can be collected from any SA Pathology Patient Centre; locations are listed on the back of your SA Pathology request form.

### Collecting the specimen

1. Collect urine on three days. These do not have to be consecutive days.  
Do not collect the first urine of the morning.
2. Drink water.
3. Collect next urine into a clean plastic container.
4. Transfer into a yellow screw top container, about two thirds full.
5. Discard the remaining urine.
6. Secure the lid firmly.
7. Label container with:
  - full name
  - date of birth
  - collection date.

### Delivering the specimen

On the same day the sample is collected, deliver the specimen to your nearest SA Pathology Patient Centre.

Please refrigerate the specimen if there is likely to be any delay.

### Your results

Your results will be sent directly to your doctor.

