

With any medical test it is important that external factors do not interfere with your test result. Please read and follow these instructions carefully.



For fertility studies it is essential that your specimen be collected under controlled conditions, and delivered within one hour of collection to an SA Pathology laboratory (not a collection centre). Bookings are essential at some locations, see overleaf.

Before the test

- Obtain a sterile container from your doctor or an SA Pathology collection centre.
- Fertility Testing – abstinence from ejaculation is required for 2-7 days.
- For other semen analysis tests, abstinence is not required.

Collecting the specimen

Collection centres and laboratories are not equipped for semen collections. This should take place at home.

1. The specimen is obtained by masturbation into the sterile container provided.
 - do not use other containers, lubricants or a condom, they may contain chemicals which can affect the test result
2. Collect the complete ejaculate
 - if the sample is incomplete write a note on the container or request form e.g. partial sample only.
3. Write the following details on the collection container
 - your given name and surname
 - date of birth
 - the time and date of sample collection.



Delivering the specimen

Keep the specimen at body temperature.

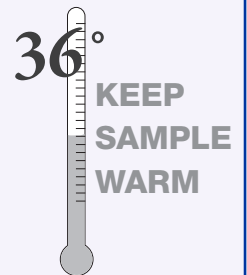
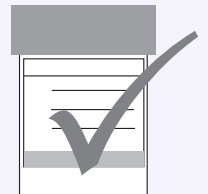
e.g. keep it close to your body, put it in your inside jacket or shirt pocket.

Fertility Studies

Deliver to your nearest SA Pathology laboratory (not a collection centre), **within one hour of collection** for urgent processing. (See overleaf for SA Pathology laboratory locations and delivery times).

Post-vasectomy

Deliver to your nearest SA Pathology laboratory or collection centre.



PATIENT TO COMPLETE - this section MUST accompany the specimen.

Patient Surname _____ Given Name _____

Date of Birth ____ / ____ / ____

Post Vasectomy Fertility Testing

Date of collection ____ / ____ / ____

Time of collection _____ am/pm

Sample collected Full Partial

Number of days of ejaculatory abstinence _____

Lubricant used? Yes No

Were you able to keep the sample warm (e.g. in your jacket/shirt pocket)? Yes No

Fertility Studies

Semen analysis for fertility studies is a specialised test, and samples can only be dropped off at the following laboratories during the hours listed below:

Metropolitan laboratories

Delivery times: Monday to Friday 9.00am – 4.00pm

- SA Pathology Main Laboratory, Frome Road, Adelaide.
- Flinders Medical Centre, Level 6, Main Building, Flinders Drive, Bedford Park.

Bookings are required for ALL sample deliveries to the:

- **Lyell McEwin laboratory**
Lyell McEwin Hospital, Haydown Road, Elizabeth Vale.
Monday to Friday, please call 8222 3000.
- **Noarlunga laboratory**
Noarlunga Hospital, Ground floor, Main building, Alexander Kelly Drive.
Monday to Saturday, please call 8222 3000.

Regional laboratories

Delivery times: Monday to Friday 8.30am – 5.00pm

Saturday 9.00am – 11.00am

- Berri, Maddern Street.
- Gawler, Hutchinson Road.
Bookings are required for Saturday sample deliveries to the Gawler laboratory please call 8222 3000.
- Mt Gambier, Wehl Street North.
- Murray Bridge, Swanport Road (*Monday to Friday only*).
- Pt Augusta, Hospital Road.
- Pt Lincoln, Oxford Terrace.
- Pt Pirie, Alexander Street.
- Victor Harbor, Harbourview Terrace (*Monday to Friday only*).
- Wallaroo, Ernest Terrace.
- Whyalla, Wood Terrace.

All SA Pathology laboratories and collection centres are closed Sundays and Public Holidays.

Post-vasectomy Studies

Semen analysis for post-vasectomy studies can be dropped off at any SA Pathology laboratory or collection centre.

For a full list of collection centres please visit our website www.sapathology.sa.gov.au

If you have any questions please call Enquiries on 8222 3000.



This document has been reviewed and endorsed by SQCAG* for consumers and the community – August 2019.

*SA Health Safety and Quality Community Advisory Group